

JORDANS VILLAGE COMMUNITY NEWSLETTER

May 2022

www.jordansvillage.co.uk

Welcome to the May issue of your community newsletter.

Jordans Horticultural Society is running its annual Plant Sale on 14th May, so come along to the Green with any excess plants you have and sell or swap them with others. At the same time, a group of green-fingered residents will be presenting their ideas for "rewilding" Manor Farm Fields, with the goal of increasing biodiversity without spoiling the peaceful and beautiful western border of our village. They're encouraging residents to come along and find out more. This month's choice of film at the Jordans Picture House's is extremely topical too!

As spring is now upon us, and lockdowns thankfully behind us, preparations are being made for the return of some of the best loved annual events later this summer.

The <u>Summer Fair</u> returns in June, with all of its usual charms and attractions. The Fair will be closely followed by <u>Big Camp</u> where your friends and family can come over and stay for a night under the stars! Music on the Green

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takes place in early July, and the <u>Village</u>
<u>Cricket Match</u> brings the sound of (synthetic!)
leather on willow back in mid-August too.

Read on to find out more!

Chris Jenkins, Editor estateoffice@jordansvillage.co.uk

FOLLOW JORDANS VILLAGE on FACEBOOK



FOLLOW VILLAGE STORE on FACEBOOK

Pictures of the Month

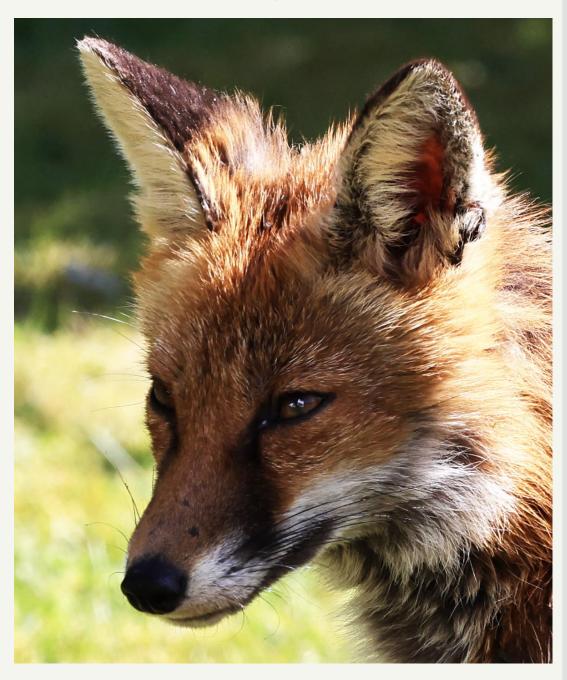
Here we publish the best images of Jordans or by Jordans residents that we've received in the past month





Click on the images to enlarge

Above: Liz Bradbury sent in these lovely Spring images of ducks and bluebells Below: Chris Waymouth captured this detailed image of a beautiful fox seen in his back garden





Jordans Village Store 100 YEARS AT THE HEART OF OUR COMMUNITY

Your Village Shop needs you!

Our village shop is a 'community store' providing far more than just goods. It is a place where villagers can come along for a chat, to catch up on village news, to buy a cup of coffee to take and sit at the tables on the Green, to meet friends and also a stop off point for walkers and cyclists enjoying our beautiful Chiltern Hills. Volunteering in the shop is far more than 'selling', it is becoming part of our community.

How rapidly all who serve behind the counter get to know the customers and enjoy the challenge of helping the shop look attractive and maintain its friendly atmosphere. The commitment is up to you, a few hours a month on one of the volunteer shifts - Wednesday and Saturday afternoons and Sunday mornings - would be so helpful to the shop - and hopefully very enjoyable for you.

Getting to know how the shop till works is far from arduous and our helpful managers Sally and Paula will be very happy to put you through the paces.

Simply come along to the shop and have a chat about volunteering or if easier make contact by e mail/phone.

jordansvillagestore@gmail.com

01494 873279

Ali Cork JVCS Committee member



The Jolly Quaker

Just a quick reminder that the Jolly Quaker is popping back up in our Village Hall this coming Friday, 6th May. Pints poured from 7pm!

Francesca Bagneris & Paul Wilson, Publicans





Rewilding & Manor Farm Fields

Saturday 14th May on the Village Green

Following the Jordans Climate Action Meeting, we would like to meet any villagers who would be interested to find out more about rewilding and our proposal to rewild Manor Farm fields on May 14th. We will be on the Village Green from 11am until 2pm. If anyone has any questions before this, please feel free to get in contact with any of us.

Emma Pegram, Paul Wilson, Gordon Hamme, Liz Apedaile and Sarah Taylor



Plant Sale

Saturday 14th May on the Village Green

Please bring along excess seedlings, plants and shrubs from 9.00 - 10.30am. Then a cash sale will take place 11.00 - 1.00pm. On the Green.

One free plant with any donations made. Everything welcome – indoor and outdoor, annuals, perennials, shrubs, vegetables, herbs...

• PLANTLIFE'S #NoMowMay

Please join us again in supporting Plantlife's Every Flower Counts campaign by not mowing your lawns during May (and longer). Amongst other environmental benefits, allowing the plants in your lawn to flower provides vital food for insects. This citizen action project from Plantlife is helping to understand the benefit of lawn plants by encouraging you to not mow and take part in their flower count:

https://www.plantlife.org.uk/uk/discover-wild-plants-nature/no-mow-may
Join us by leaving a section or your whole lawn unmown for the whole of May!

• YOU CAN FOLLOW US ON INSTAGRAM @jordans horticultural society

We will be regularly posting gardening tips and sharing our joy of gardening on Instagram. Hashtag us to share the progress of your flowering lawn!

Liz Apedaile, Faith Key, Shan Liu and Emma Pegram

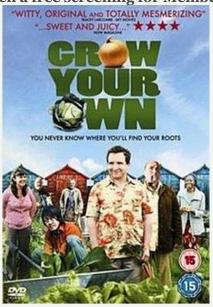


Jordans Picture House

Our ANNUAL GENERAL MEETING Friday May 13th

Doors open at 7:15 p.m. and the meeting will start at 8:00 p.m.

Then a free screening for Members:



Grow Your Own (PG) 2018

Cast: Olivia Colman; Benedict Wong, Eddie Marsan, Omid Djalili. Director: Richard Laxton.

"Wonderful evocation of the English allotment scene, a community of individualists - all human life & experience is here!"

https://www.youtube.com/watch?v=6ffYWrpwZ70

We will be announcing the results of our Members' vote for the films to be selected for the new season starting in September 2022.

HOW TO RESERVE/BUY TICKETS (FREE for Members, Non-Members £8)

At www.jordanspicturehouse.co.uk

Even if you are a Member of Jordans Picture House and entitled to a free ticket, please remember to book online so that we know how many chairs to put out. THANK YOU.

Or email or call:

Jordans Box Office: Alan Sealy <u>alan@janetsealypartnership.com</u> 01494 873205 Seer Green Box Office: Gill Pettman <u>gillyp4@btinternet.com</u> 01494 678050

We all look forward to welcoming you to our screenings.

Jordans Picture House Committee



Jubilee Celebrations On The Green

VENUE - Jordans Village Green

DATE - Friday 3rd June

TIME - 12 Noon - until you head to the Village Hall for an evening at the Jolly Quaker!!

Come out onto the Green with all the celebratory paraphernalia you can muster and join us in celebrating the extraordinary achievement of our Queen.

Bring bunting, flags, tables, chairs, and gazebos with you and enjoy cooking on our enormous village BBQs in the middle of the Green or if you prefer simply bring along your own.

Play football, cricket and rounders or just relax in a deck chair glass of Prosecco in hand among family and friends - it is just up to you.

An afternoon of merriment awaits and how welcome you all are to join in!

Ali Cork

Jordans School Platinum Jubilee Day



HER MAJESTY QUEEN ELIZABETH II PLATINUM JUBILEE DAY
THURSDAY 26TH MAY, 2022





To celebrate 70 years of Queen Elizabeth II being on the throne we are having a grand



Jordans School Platinum Jubilee Day on Thursday 26th May, 2022.

The children will have a day of fun and celebrations to commemorate this landmark event for our monarch and our country.

We are inviting the children and staff to come to school on that day dressed in the style of any decade that the Queen has been on the throne, so anything from the 1950s, through the '60s, '70s, '80s, '90s, '00s, '10s and now the '20s.



During the morning, the children will have a Jubilee Disco.

For lunch they will be enjoying a traditional British lunch of fish and chips.

At around 2.30pm we will have Afternoon Tea with cake and squash.

Each child will be making themselves look really regal by making (and wearing home) a crown which they will have made themselves in mixed age groups.

Every child at Jordans School will be gifted a commemorative Jubilee Medal which they can take home and keep as a souvenir of a very special event.

We are asking for school fund donations of £10 per child for them to take part in this once-in-a-lifetime event. You will be able to pay via

Parentmail nearer the time. A reminder will be sent.





PLATINUM JUBILEE RAFFLE



We are asking our Jordans mums and dads to get involved too.

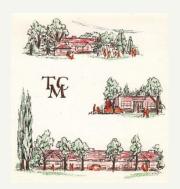
We are looking for our class parents to band together
and make three hampers for a special Platinum Jubilee Raffle.

In keeping with the colours of our national flag, we would like Reception Class parents to put together a "red" hamper. Our Yr 1 parents to put together a "white" hamper and our Yr 2 parents to put together a "blue" hamper.

The hampers can contain anything but only in your allotted colours. So, for example the "red" hamper could perhaps include some red bath salts, a box of red tea bags, a red lipstick and so on.

Raffle tickets would be available to purchase at pick up on Jubilee Day (26th May) and the winning ticket will be pulled out of a hat the following day.





News from the TMC

Summer Fair - Saturday 11th June Music on the Green - Sunday 3rd July

The Tenant Members' Committee would like to invite any stall holders to get in touch with Pat Holdsworth (contact details below). We are offering free pitches, so just your own time is required to spend a wonderful afternoon on our Village Green with a cup of tea and slice of cake.

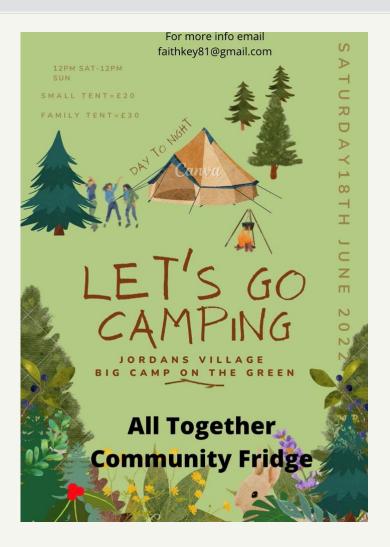
The Village Fair is the TMC's only fund-raising event, which enables us to put back into our community by funding all the other events we run through the year. It's FREE to ALL so please support us on the 11th June with help on the day, be it manning a side show for an hour, baking a cake, donating something for the silent auction, or as a raffle prize - any bottles of wine or beer for the adult and children Tombola stall again this year as they love to win a prize.

Pat Holdsworth

Telephone 01494 874565 or 07930 648485 Pat's Email: <u>p_holdsworth@hotmail.co.uk</u> TMC Email: <u>jordanstmc@gmail.com</u>

Tenant Members' Committee: Pat Holdsworth (Chair), Iain Duncan, Ray Munn (JVL representative), Jackie Lomas, Andrew Holdsworth, Dave Allen, Phillip Wardle, Nat Skidmore, Richard Key, Phil George, Marc-Henri Bagneris.





Big Camp Saturday 18th June 2022

Jordans Village Big Camp is Back!!!

email faithkey81@gmail.com to book your pitch!

£20 for a 2 man tent. £30 for a family sized tent.

Set up from 12pm on Saturday and clear up by 12pm on Sunday.

BBQs will be available for communal use, or bring your own.

There will be a few things going on throughout the late afternoon/evening, including a couple of kids games, hair braiding and glitter tattoos.

Funds raised will be split between The All Together Community Fridge in Chalfont St Giles, and another local charity to Jordans.

We're looking forward to having this very popular event back in Jordans!

Jordans Music Club returns to the Jubilee Hall, Seer Green for our 79th Summer Festival 2022

After a two-year absence, Jordans Music Club concerts return to Seer Green's Jubilee Hall on four Sunday evenings this summer.

This year our season celebrates that great composer, Franz Schubert, with works in three different genres - his string quartet 'Death and the Maiden', the Piano Sonata in Bb and that most wonderful of works, the great Octet.





Above left: Adrian Bendel. Above right: Nicolaj Lund.

The first of these is the Queen's Jubilee concert on 5th June, which features Adrian Brendel (cello) and Simon Crawford-Philips (piano). Their programme will include cello sonatas by Widor, Bach and Beethoven.

This is followed by the Sacconi String Quartet on 19th June. They will play quartets by Haydn and Tippett, as well as Franz Schubert's popular 'Death and the Maiden'

Quartet.

Two further concerts follow in July, featuring the Pleyel Ensemble playing Mozart's Clarinet Quintet and Schubert's sublime Octet, followed by Steven Osborne playing works by Debussy and the Schubert Piano Sonata in Bb. Full details in next month's Parish Magazine.

Come and enjoy a glass of wine and some fine music from musicians of international calibre without high prices or the need to travel into London. Season tickets covering all four concerts are available at a discounted price.

All concerts are at 7.30 on Sunday evenings. Full details and booking information can be found at www.JordansMusicClub.org.uk.

Derek Lake

<u>Jordans Village Cricket Match</u>

Sunday 14th August 2022



How to get more active by Helen Walton

HOW TO GET MORE ACTIVE



Taking regular exercise and following a balanced

diet can have enormous benefits for your overall health, now and in the future.

Here is some simple physiotherapy advice about how to get started and improve your health in a way that's right for you

A. Getting started

So that you can really feel the benefits of getting more exercise into your day, physiotherapists recommend that adults exercise for 30 minutes a day at moderate intensity, five times a week.

'Moderate intensity' means that both your heart and breathing rates should increase, and you might break a sweat, but you should still be able to hold a conversation.

Depending on your age and mobility, moderate intensity exercise can range from vacuuming and bowling, to walking, digging the garden and jogging.

Before you start

Set goals: - Start exercising gradually and give yourself goals to build up to. Set realistic targets and you'll soon see the positive effects of exercise, without overdoing it.

If time is an issue - Top tip

For a 30 minute session of exercise each day, break it up into smaller chunks. Aim to be active in three or four 10 minute bouts throughout the day, if this suits you better.

Where to start

If you're generally healthy, you're already in a great position to do more daily exercise

If you're recovering from illness or injury, or have restricted movement, take it easier – physiotherapists recommend aiming for 10 minutes each day to start with.

If you have any of the following conditions, here is some physiotherapy advice:

- Back pain avoid standing or sitting still for long periods of time
- Stiff/sore knees avoid hills as they can place extra strain on your knees
- Recent injury low impact exercises like gentle walking, swimming or cycling, are best.

If you are struggling to get moving and need help or advice recovering from illness or injury get in touch with your local physiotherapist, Helen Walton, email: info@helenwaltonphysio.com or Tel: 07771882541 for an appointment.



Paws for Thought

Hanging on to their Gonads: Chemical Castration for Dogs

A few months ago, when I first heard about chemical castration for dogs, it conjured up images of dogs having their testicles dipped into a substance that would erode them away!

Thankfully this is not the case, and chemical castration for dogs, as opposed to the surgical removal of their testicles, is now being encouraged by veterinary practices.

Chemical castration involves injecting an impregnated implant under the skin. The implant tricks the brain into no longer making the hormones that tell the testicles to make sperm and testosterone. As a result, the testicles shut down, and over a period of 4-6 weeks the testosterone levels will drop to zero. This means that the testicles will be reduced significantly in size.

There are two types of chips, one that lasts for 6 months and one that lasts for a year. The advantage of this procedure is that no general anaesthetic is required, and there is no wound, so recovery time is far quicker. The idea is to trial your dog with a Suprelorin (implant) before going in for a surgical castration. If it is going to suffer from increased anxiety caused by the reduction of testosterone, the temporary castration will reveal this. It is recommended for dogs between 6 and 12 months, but with larger breeds it is better to wait until they are fully grown. Once the chips effectiveness wears off it ceases to change the hormone levels and the testicles will slowly regain their size.

There can be side effects, such as pain in the scrotum for up to three to five days after the procedure. There may also be swelling, redness and irritation. Lethargy and an upset stomach can also occur but are temporary. As with both surgical and chemical castration, weight gain and a change in the quality of the dog's coat can occur.

The cost of this procedure is around £110 for a chip lasting 6 months and £220 for one that lasts 12 months. So far the dogs that I know who have had this procedure have suffered no ill effects. **Jo Bell**

Do you live in the Chiltern, South Bucks or Wycombe areas?

Your bin collection day may be changing

The changes come into effect week commencing

Bin day changes from Monday 9 May

Your bin collection day may change if you live in the south of the county.

Check your new bin day

Bin Collection Dates are Changing

Our bin collection day will be changing from Monday to Wednesday very soon (as from the black bins collection on Tues 3rd May, delayed from the Monday due to the Bank Holiday).

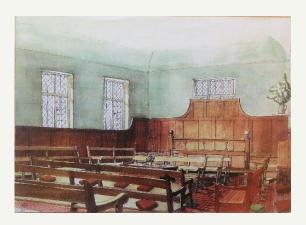
Monday

May

Thereafter:

Black bins and food bins: Weds 11th May Blue bins and paper: Weds 18th May

For details, see: https://www.buckinghamshire.gov.uk/waste-and-recycling/find-out-when-its-your-bin-collection/check-your-new-bin-day-chiltern-south-bucks-and-wycombe-areas/



This watercolour of the interior of the Meeting House was painted by Paul Garland when he and his wife Irene were wardens of the Meeting House from 1992-1998.

Friends' Corner
By Bob Redpath

An alternative word for 'Quaker' is 'Friend'. 'Friends' Corner' lists forthcoming Quaker events at the Jordans Meeting House, to which newcomers are very welcome. The Meeting House is located at the junction of Jordans Lane and Welders Lane. Jordans Quaker Centre is attached to the Meeting House; private meetings can be booked. Nina Liebenberg, JQC manager, can be contacted if there are queries about access to the Meeting House or to book meetings in the Jordans Quaker Centre. (tel no. 01494 876594; email office@jordansquakercentre.org)

Jordans Meetings for Worship

In-Person Meetings for Worship at Jordans Meeting House

The Jordans Meeting House is open for in-person meetings on Sundays. The meeting starts at 10:30am, lasts one hour and is followed by a 'bridge' of about ten minutes when people who wish to do so can comment on the issues raised during the meeting.

We welcome visitors, including people coming to the Meeting for the first time. If you are planning to attend in person for the first time, please contact Adrienne Midgley as there is limited space due to social distancing. Please bring your mask. Adrienne's contact details are: tel.no.01753 889581 or adriennemidgley@hotmail.com.

Attending Meeting by Zoom

It is also possible to attend Jordans Sunday Meeting by Zoom, commencing at 10:30am. There are no restrictions to numbers online! If you wish to attend by Zoom for the first time, please contact Adrienne for the log-in details; it is advisable to contact her by 10:15am.

Junior Jordans (Sunday School)

David Matthews writes: Junior Jordans, the children's meeting, is now meeting every Sunday at 10:30am in the Penn Room of the Jordans Quaker Centre. We enjoy some times of quiet and reflection during the Junior Jordans meeting and also cover some fun activities, including art and music. We join the main meeting in the Meeting House towards the end of that meeting. We are ready to welcome new visitors, especially from Jordans. Please call me (outside of work hours) for further details (07779 251107)

International Worship for Peace

Friends House Moscow (FHM) sponsors this Daily International Meeting for Worship for Peace with zoom Quaker meetings at different times all over the world. "We hold in the Light all those affected by the events in Ukraine." These zoom meetings started very soon after the invasion in February and have been held daily ever since with meetings for people from the UK starting at 1700 each day.

The meetings begin on the hour and end 55 minutes later. The first 10 minutes and

the last 5 minutes are in silence. There are break-out groups following the meeting which can last as long as 40 minutes. If you are interested in participating in these meetings, please contact Julie Harlow (friendshousemoscow2022@gmail.com).

Events Calendar

Rewilding Manor Farm Fields Saturday 14th May 2022 Village Green

Plant Sale Saturday 14th May 2022 Village Green

Jordans School Platinum Jubilee Day Thursday 26th May 2022 Jordans Village School

Queen's Jubilee Celebrations
Friday 3rd June 2022
Jordans Village Green

Queen's Jubilee Concert Sunday 5th June 2022 Seer Green Jubilee Hall

Summer Fair Saturday 11th June 2022

Big Camp Saturday 18th June 2022

Concert
Sunday 19th June 2022
Seer Green Jubilee Hall

Music on the Green 3rd July 2022

Cricket Match Sunday 14th August 2022 (Back up date in case of rain Sunday 21st August 2022)

Sports Day

Saturday 10th Sept (Saturday 17th Sept 2022 reserve in case of bad weather)

Children's Christmas Party & Christmas Tree Lights

Saturday 3rd December 2022

Regular Events in Jordans

Tai Chi / Qi Gong

Village Hall

Thursdays Weekly 6 pm & 7 pm classes

Contact Keith Fensom

keith.fensom@gmail.com | 07787 224823 | www.yangshengtaichi.com

The Jolly Quaker pop-up Pub

Village Hall

1st Friday Monthly from 7:30pm (excluding August and January)

Paul or Francesca on 07929 731423

Jordans Picture House

Village Hall

2nd Friday & some Tuesdays and Sundays Monthly (Autumn - Spring)

Contact Alan Sealy

alan@janetsealypartnership.com | 01494 873205 | www.jordanspicturehouse.co.uk

Toddlers in the Woods

Crutches Wood

Fridays weekly from 9:30 am - 10:30 am

Contact Ali Cork

alicork686@gmail.com | 07803 139079

Lunch Club

Thursdays Monthly in the Village Hall

Arrive at 1pm for Lunch at 1:15pm. Cost £8

Please confirm your place with the hostess by the Monday preceding the Lunch. Please give 3 days' notice if you wish to cancel. BYO Alcohol

19th May - Pat Holdsworth 874565

16th June - Therese Rogers 874171

21st July - TBA

18th August - All

15th September - Pat Holdsworth 874565

20th October - Therese Rogers 874171

17th November - TBA

15th December - All

If there is a subject you'd like to talk about, an event in Jordans you'd like to publicise, or have some other news relating to the Village, please contact Chris Jenkins, the newsletter Editor, on 01494 875177 or via email $\underline{estateoffice@jordansvillage.co.uk}$

The Jordans Village Community Newsletter is published on the 1st of each month. Deadline for copy is 28th of each month.









